

# Saint Teresa of Avila Parish

The Mother Roman Catholic Church of Southeast Washington, D.C.



## Twenty-Second Sunday In Ordinary Time

**Rev. Msgr. Raymond G. East, Pastor**  
**Rev. Mr. William Hawkins, Deacon**

### Sunday Masses

7:30am – Traditional Mass  
9:00 am – Contemporary Mass

### Daily Mass

7:00am Monday – Friday at the convent

### Holy Days

7:00am at the Convent  
12:00noon at the Parish Life Center  
7:00pm at the Church

### Eucharistic Adoration at the Convent

Monday, Tuesday, and Thursday,  
10:00am-12:00noon  
Friday, 10:00 am -7:00pm

### Church Location

1244 V Street Southeast  
Washington, DC 20020

### Mailing Address:

St. Teresa Parish Life Center  
1401 V Street Southeast  
Washington, DC 20020-5692

### Office Hours

Monday – Friday, 9:00am-5:00pm

### Telephone Numbers

Office: (202) 678-3709  
Fax: (202) 678-3325

Website: [www.stachurch.org](http://www.stachurch.org)

Email Address: [admin@stachurch.org](mailto:admin@stachurch.org)

Be doers of  
the word,  
and not  
hearers  
only



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of the Lord (Psalm 15).

### TODAY'S READINGS

**First Reading** — Moses directs the people to observe the commandments of the Lord (Deuteronomy 4:1-2, 6-8).

**Psalm** — The one who does justice will live in the presence

**Second Reading** — Welcome the word that you have received and become doers of the word, not hearers only (James 1:17-18, 21b-22, 27).

**Gospel** — You disregard God's commandment but cling to human tradition (Mark 7:1-8, 14-15, 21-23).

### QUESTION OF THE WEEK:

**Adult:** The question Jesus poses for us today is do you live by the letter or the spirit of the Law?

**Teen:** Jesus tells us today to be careful about what we say and do. How do you treat your family and friends? Do you think about what you say and how you say it?

### READINGS FOR THE WEEK

Monday: 1 Thes 4:13-18; Lk 4:16-30  
Tuesday: 1 Thes 5:1-6, 9-11; Lk 4:31-37  
Wednesday: Col 1:1-8; Lk 4:38-44  
Thursday: Col 1:9-14; Lk 5:1-11  
Friday: Col 1:15-20; Lk 5:33-39  
Saturday: Col 1:21-23; Lk 6:1-5  
Sunday: Is 35:4-7a; Ps 146; Jas 2:1-5; Mk 7:31-37

### TODAY'S REFLECTION

What makes a person unclean or unfit to offer God acceptable worship? The Jews went to great pains to ensure that their worship would conform to the instructions which God gave to Moses on Mount Sinai. God's call to his people was a call to holiness: "be holy, for I am holy" (Leviticus 11:44; 19:2). In their zeal for holiness many elders developed elaborate traditions which became a burden for the people to carry out in their everyday lives. The Scribes and Pharisees were upset with Jesus because he allowed his disciples to break with their ritual traditions by eating with unclean hands. They sent a delegation all the way from Jerusalem to Galilee to bring their accusation in a face-to-face confrontation with Jesus. Jesus dealt with their accusation by going

to the heart of the matter by looking at God's intention and purpose for the commandments.

Jesus explains that they void God's command because they allow their hearts and minds to be clouded by their own notions of what is true religion. Jesus accuses them specifically of two things. First of hypocrisy. Like actors, who put on a show, they appear to obey God's word in their external practices while they inwardly harbor evil desires and intentions. Secondly, he accuses them of abandoning God's word by substituting their own arguments and ingenious interpretations for what God requires. They devised clever arguments based on their own thoughts rather than on God's word. Jesus refers them to the prophecy of Isaiah (29:31) where the prophet accuses the people of his day for honoring God with their lips while their hearts were far away from choosing and doing what God asked of them. God's word has power to set us free from ignorance, pride, and selfish desires. His word both enlightens our mind and purifies our heart so that we can truly understand his ways and intentions and walk in his love. The Lord invites us to draw near to him and to feast at his banquet table. Do you draw near with a clean heart and mind? Ask the Lord to cleanse you fully with the purifying fire of his Holy Spirit.

Where does evil spring from and what's the solution for eliminating it from our lives? Jesus deals with this issue in response to the religious leaders' concern with ritual defilement making oneself unfit to offer acceptable sacrifice and worship to God. The religious leaders were concerned with avoiding ritual defilement, some no doubt out of fear of God, and others out of fear of pleasing other people. Jesus points his listeners to the source of true defilement evil desires which comes from inside a person's innermost being. Sin does not happen. It first springs from the innermost recesses of our thoughts and intentions, from the secret desires which only the individual soul can conceive. God in his mercy sent his only Son Jesus to save us from our sins. But to receive his mercy, we must admit our faults. "If we say we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just, and will forgive our sins and cleanse us from all unrighteousness" (1 John 1:8-9). Only God can change our hearts and make them clean and whole through the power of the Holy Spirit. Like a physician who probes the wound before treating it, God through his Word and Spirit first brings it to light that we may recognize it for what it is and call upon his mercy and grace for pardon and healing. The Spirit of truth is the Consoler. The Spirit gives us a true conscience and the assurance that Christ our

redeemer forgives all of our sins when we turn to the Lord Jesus and ask for his help and mercy.

How can we live in holiness free from slavery to sin and hurtful desires? When Cain was jealous of his brother, Abel, God warned him to guard his heart: "Sin is couching at the door; its desire is for you, but you must master it" (Genesis 4:7). Do you allow any sinful desires to couch at the door of your heart? We do not need to entertain or give into sinful desires and hurtful thoughts, but instead, through the grace of God, we can choose to put them to death rather than allow them mastery over us. The Lord is ever ready to change and purify our hearts through his Holy Spirit who dwells within us. His power and grace enables us to choose what is good and to reject what is evil. Do you believe in the power of God's love to change and transform your heart?

Daily Readings & Meditation  
Deacon Don Schwager  
USED WITH PERMISSION



## YOUTH DANCE MINISTRY

All youth (Age 7-17) Dance Rehearsal begins **Saturday, September 12<sup>th</sup> 10am-12pm** in the Upper Church. Contact: Antoinette Barnes at (202) 344-3121.



## JAMMIN' 4 JESUS

We Walk Like This  
'cuz  
GOD CAN BACK US UP

**When:** Saturday, September 12, 2009

**Where:** St. Margaret of Scotland Catholic Church  
409 Addison Road, Seat Pleasant, MD 20743

**Time:** 7pm-12am

Teens ages (13-19) *YOU DO NOT WANT TO MISS THIS PRAISE PARTY*

**SISTERS IN THE SPIRIT** Triumph of the Cross Program will be held on **Saturday, September 12, 2009** at St. Peter Claver Church, 16922 St. Peter Claver Road, Saint Inigoes, MD 20684-0240. *The theme will be "Christ on My Lips, My Mind and In My Heart".* **Keynote speaker:** Dr. Francine Dove Hawkins, with our very own Darnelle Sneed as one of the presenters. **Cost:** \$30 (includes transportation, program and lunch), \$15(program and lunch). Bus will leave Mt. Calvary Catholic Church, 6700 Marlboro Pike, Forestville, MD @ 8am. (Registration: **9:30am**, Program: **10am-2pm**). For more info, contact Thelma Adams (301) 630-0018.



## Calendar of Events

**Monday, August 31<sup>st</sup>**

**Tuesday, September 1<sup>st</sup>**

**Wednesday, September 2<sup>nd</sup>**

7-8:30p WCD Bible Study (UC)

**Thursday, September 3<sup>rd</sup>**

5:45-7p SGC Assessment Team (UC)

7-9p Sabbath Gospel Choir (UC)

**Friday, September 4<sup>th</sup>**

**Saturday, September 5<sup>th</sup>**

10a-2p Seniors Luncheon (MCH/Kit)

**Sunday, September 6<sup>th</sup>**

7:30a Traditional Mass

9a Contemporary Mass

9a-12p Girl Scouts Fundraiser/Bake Sale

(MCH/Kit)

11:30a-1:30p Young Adult Choir Reh. (UC)



### HOMework ASSIGNMENT

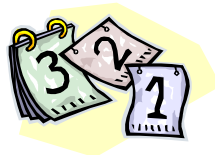
Wave to your neighbors as you leave the house and come home.

### ATTENDANCE

7:30am – Sunday, August 23<sup>rd</sup> -40

9am – Sunday, August 23<sup>rd</sup> - 223

**STA INCREASE THE COUNT!**



### THIS WEEKS PRAYER

"Lord Jesus, fill me with your Holy Spirit and make my heart like yours on fire with love and holiness. Strengthen my will that I may always choose to love what is good and to reject what is evil."

### SAVE THE DATE

**Sunday, September 27<sup>th</sup>** – The STA Ministers of Hospitality celebrates its **31<sup>st</sup> Anniversary**



I would like to thank Anita Linder for the donation of the hospital bed and Margaret Matthews & Linda Jackson for the donation of the wheelchair for use at home as I recuperate from my surgery.

Bernadette Trowell

Saint Teresa of Avila



## Prayer Intentions Please Pray for:

Allison-Harris Family, Dominique Arrington, Vera Bell, Mary Braxton, Jackie & Terry Bond, Carter Family, Clarke Family, June Contee, Letitia Crawford, Nadine Day, Mary

Deloatch, Helen Despertt, Fowler Family, Margaret Frazier, Mary Frye, Anthony Gonzalez, Lucille Greene, Angela Hackney, Desiree Haley, Pearl Hedgepeth, Richard Hoggard, Marzell Holt, Patricia Pickens-James, Gertrude Jamison, Rita L. Johnson, Merlene Jolivet, Peggy Joseph, Josephine Keys, Vermelle Kinnard, John McCoy, Yvonne McKinney & Family, Thomas Matthew, Jerry Morse, Hattie Munson, Neil Family, Nora Naranjo, Angelique Nolan, Charles Sanderlin, Scott Family, Linda Smith, Willa Spruill, Dominick Stewart, Latonya Stewart, Lee Streeter, Yvonne Thomas, Freda Thornton, Joan Wade, Darnell Warfield, Annie Whatley

## Happy Birthday

*to all with birthdays during the weeks of:*

August 30<sup>th</sup> – Sept. 29<sup>th</sup> 2009



(8/30) Viola Washington, Jennifer Gray, (8/31) Rhonda Brady, Jane Yorkman, (9/2) Danielle Bell, Doney Olivieri, (9/3) Tanya Hankton, Michele Jones, (9/4) Aubrey Seabrooks, (9/5) Jasmine Gross, Barbara Hill, Bryanna El-Amin, (9/7) LaMont Baxter, David Coates, Karl Bratcher, Nicole Butler, (9/8) Howwin Carter, Sr., (9/9) Tara Lyles, (9/10) Crystal Edmonds, (9/11) Jakyah Ross, (9/12) Stephen Coates, Kelvin Gross, (9/13) Rakyah Renee Gross, Kate Perkins, (9/14) Andonikka Deare, Wanda Smith, (9/15) William Hawkins, (9/17) Kayla Daniels, Lisa Bell, (9/19) Ian Guch, (9/20) Pamela Lawson, Linda Ellis, (9/22) Jermaine Johnson, Annie Whatley, Joan Garner, Eunice B. Wise, (9/23) Clara Pate, (9/26) Sherri Franklin, Camille B. Woody, (9/27) Virginia Young, Reginald Johnson, Annie Batiste, Zenia Smith, Rita Y. Wilson, (9/28) Delores Hatcherson, (9/29) Rosemary Austin

### MOCHA WALK AND SYMPOSIUM

The District of Columbia has the highest mortality rate for cancer in the United States. Most of the individuals that die from cancer are from Wards 7 & 8. Join us in the Mocha Walk and Symposium. This is an outreach activity to educate African Americans about cancer.

August 30, 2009

**When:** Saturday, September 5, 2009

**Where:** Holy Christian House of Praise For All People, 5110 Nannie Helen Burroughs Ave., NE, Washington, DC 20019

**Bishop Stephen E. Young, Sr.**

**Schedule:**

7-8am – Registration

8-9am – Walk/Run Distance: 5k (3.5 miles)

10am – Symposium

Contact: Chris Hart-Wright (202) 714-0918,  
[chris.hartwright@strivedc.org](mailto:chris.hartwright@strivedc.org).

**EUCCHARISTIC CONGRESS**

A free Eucharistic Congress will take place at the Basilica of the National Shrine of the Immaculate Conception **September 11-12, 2009 5:15pm**. The theme is Sacrifice of Enduring Love. Liturgies, talks and events will focus on three vocations: priesthood, religious life and marriage. Speakers will include Archbishop Wuerl, Cardinals Sean O'Malley, Justin Rigali and Marc Ouellet, and dozens of others. A piece of the actual tilma of St. Juan Diego also will be exhibited. Learn more online at [www.cmswr.org](http://www.cmswr.org).

**MASS FOR BLESSING ON HUMAN**

**LABOR** – All are invited to join Archbishop Wuerl as he celebrates the annual Mass of Blessing on Human Labor, **Saturday, September 12th 5:15pm** at the Cathedral of St. Matthew the Apostle. This special liturgical celebration will recognize the role of work as it expresses the essential dignity of every man and woman in society and pray for blessing on all workers and those who strive to foster a fair and just workplace. As our country celebrates Labor Day, the Church affirms its teachings on the value of work and the rights and dignity of workers.

**FOOD HANDLERS**

There will be a Food Handlers class held at St. Thomas More Catholic Church in the Red Room, 4275 4th St., SE, on **Saturday, September 19, 2009 9am-3pm**. The fee is **\$80.00** per person, bring your lunch. Call St. Thomas More Parish (202) 562-0431 ask for Mary Waters.

**PASSION PLAY**

Join Bishop Martin Holley on a once- in-a-lifetime journey to attend the Passion Play in Oberammergau, Germany, **September 3-12, 2010**. Includes visits to Munich, Neuschwanstein, Wieskirch, the Marian Shrine at Altotting, Markt (birth place of Pope Benedict XVI), Salzburg, Vienna and more!

**Only \$3, 999** from Dulles International Airport. To download a free color brochure and registration form, visit: [www.GoCatholicTravel.com/Holley](http://www.GoCatholicTravel.com/Holley) or contact group coordinator, Dawn Woods, at (301) 952-9074 or [mdwoods@adw.org](mailto:mdwoods@adw.org).

**CHAMPS: (Children and adolescent Mobile Psychiatric Service)**

is a new crisis intervention program that offers help for children facing a behavioral or mental crisis. We are free, 24/7 days a week help. Our crisis specialists quickly respond to every call, and they go wherever the child in need is located in the District of Columbia. For referrals please call (202) 481-1450.

**MARRIAGE MATTERS:** but do you know why?

Find out what the Catholic Church teaches about marriage and why it's important, including articles addressing marriage, scriptural passages and reflections on marriage and family life, marriage preparation information, resources for enriching your marriage and more. The archdiocese of Washington's educational initiative called Marriage Matters is online at [www.MarriageMattersDC.org](http://www.MarriageMattersDC.org).

**COLLECTION FOR THE CATHOLIC UNIVERSITY OF AMERICA**

The Catholic University of America is the national university of the Catholic Church in the United States, located in Washington, DC. It provides an academically rigorous education guided by Catholic intellectual tradition to 6,000 students every year. Next week is the National Collection for The Catholic University of America. Every dollar given directly supports financial aid for students from diocese across the country, including ours. Please be generous.

**CATHOLIC WEBSITE OF THE WEEK**

<http://www.ewtn.org/www.adw.org> The Archdiocese of Washington has a newly designed website. Read one of Msgr. Pope's online articles; respond by sending him a twitter. Blog with Archbishop, and do something to show that STA is logging in on the new interactive part of the Archdiocesan website.

**STA HIGH SCHOOLERS:** We need you to help us with our [www.stachurch.org](http://www.stachurch.org) website content. E-mail Mrs. Darah Means at [Darah@stachurch.org](mailto:Darah@stachurch.org).



**MONDAY  
SEPTEMBER 7<sup>TH</sup>  
PLC COSED**



